

- Lesson 1: “Snow and ice school” – introduction to ski mountaineering equipment, ski crampons and boot crampons, ice axe use
- Lesson 2: Ascending/descending and moving in steeper firmer/ crusted/ icy slopes
- Lesson 3: Belaying and rappelling, anchors
- Lesson 4: Roped terrain vs unroped – belaying, rope management, short roping, boot packing, stowing the skis on pack, ridge walking
- Lesson 5: Ski mountaineering objective: situational awareness, route finding and track setting in Class 3 (complex) terrain
- Lesson 6: Glacier travel & alpine hazard evaluation
- Lesson 7: Ski mountaineering ascent and descent technique and strategy
- Lesson 8: “Survival skiing” technique

\*\*Notice: MSAA pledges to always cover all of the critical skill sets. However, though rare, conditions or other constraints may cause for certain lessons to not be appropriate or safe to undertake. Be sure to address your instructor at the time if you have any concerns.”