

Advanced Wilderness & Remote First Aid with CPR/AED 'C' – Course Schedule

DAY 1 (4 HOURS) – IN CLASS

Introductions & Expectations
 Hazard Mitigation (*Heuristic Model & 10 Essentials*)
 Medico-Legal Concerns for Backcountry Responders
 Scene Assessments
 Putting on & Taking Off Medical Gloves
 Primary Assessment (*The ABCDEs*)
 Airway Management in Unconscious Patients
 Adult & Infant Cardiac Arrest (*CPR & AED*)
 Choking Emergencies in Adults & Infants
 Extended Care of Patients in Remote Environments

DAY 2 (8 HOURS) – OUTDOOR LEARNING

Morning

Sudden Medical Emergencies
 Managing Massive Hemorrhage
 Secondary Patient Assessments
 Pelvic Injuries
 Planning & Priority Determination
 Stretchers, Lifts & Carries

Afternoon

Hypothermia Prevention, Management & Treatment
 Head Trauma and Spinal Emergencies
 Managing Multi-Trauma
 Snakes, Spiders, Bugs & Other Envenomations

DAY 3 (8 HOURS) – OUTDOOR LEARNING

Morning

Managing Bone & Joint Injuries (*Slings & Splints*)
 Student Presentations (*Environmental Emergencies: Hyperthermia, Altitude, Cold Water Immersion, Frostbite*)
 Opioid Overdose

Afternoon

Wound Care (*Types of Wounds; Dressings & Bandages*)
 Complex Cases
 Multiple Casualty Incidents

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DAY 4 (10 HOURS) – OUTDOOR LEARNING

Morning

Patient Assessment Model and CPR/AED-C (*Review*)

Modified Jaw Thrust in Spinal Patients

Respiratory and Hypoxic Arrest

Junctional Hemorrhage

Afternoon

Communication, Resource Management, & Group Dynamics in Wilderness Medical Response

Advanced Management of Spinal Patients (*Clearing Spinal; Improvised SMR Devices*)

Helmet Removal

Complex Cases

DAY 5 (10 HOURS) – OUTDOOR LEARNING

Morning

Fundamentals of Managing Bone & Joint Injuries (*Review; Commercial Splints*)

Reducing Dislocations (*Assessment Concerns; Shoulder, Jaw, Finger & Patella*)

Realigning Angulated Fractures

Afternoon

Fundamentals of Wound Care (*Review*)

Wound Packing for Contaminated Wounds

Knowledge Evaluations

Course Wrap-Up