

Kids Climbing Camp - Squamish

A full Daily Routine will be sent prior to the camp start date. Each day activity has the portability to change due to weather and other dependant factors.

A typical day at the Kids Climbing & Adventure Camp comprises of two sections, either the morning or afternoon focuses purely on climbing one activity. When your child is not climbing we focus on building key outdoor skills through fun games and activities. Exceptional instruction from our trained guides, paired with a remarkable location makes MSAA Kids Adventure Camp a unique and special place.

Drop Off: 9am at the Smoke Bluffs Parking Lot

Pick Up: 3pm at the Smoke Bluffs Parking Lot

Below you will find a sample of an itinerary for the camp:

Day 1: Rock climbing basics (knots and belaying) + climbing & Team building exercises

Day 2: Climbing day & Outdoor skills/hiking

Day 3: Movement skills on rock & Navigation games

Day 4: Climbing Safety & Skills Progression

Day 5: Culmination day

**Please note, this camp is weather dependant and the itinerary may change.

Packing List:

A full packing list will be sent to the participants prior to the camp.

Clothing:

- Comfortable, loose clothing
- Weatherproof shell jacket and pants. Shorts are acceptable depending on conditions
- Warm layer(s)
- Light gloves
- Hiking shoes or sturdy closed-toe shoes
- Rock Climbing Shoes
- Sunglasses
- Sunscreen (or any other UV protection)
- Water in a refillable water bottle
- Lunch (Please make sure your child has a full lunch to keep them energized throughout the day)
- Snacks (Please no items containing nuts)
- Small Backpack
- Hat
- Sunglasses
- Sunscreen and bug spray

Climbing Gear:

- Helmet
 - Belay device
 - Locking carabiner (minimum of 1, but more is great)
- (the above items can be provided if you don't own them)

Weather varies from warm, dry days to cooler, rainy days. Daily temperatures in the Sea to Sky Corridor in July and August range from 12-24 degrees Celsius (55-75 degrees Fahrenheit).

Bring a mix of summer clothing and warmer clothing as well as a small backpack to carry a water bottle and any extra layers in case the weather changes while we are out.