

Teen Climbing Camp - Squamish

A full Daily Routine will be sent prior to the camp start date. Each day activity has the portability to change due to weather and other dependant factors.

Drop Off: 9am at the Smoke Bluffs Parking Lot

Pick Up: 4pm at the Smoke Bluffs Parking Lot

Details:

All those attending this camp must be between the ages of 13-16 at the time of the camp and must possess a high level of maturity.

Sample Daily Itinerary:

Each day your children will be split into different groups depending on their skills level in order to maximize their progression.

The mornings will focus on learning technical skills, then the afternoons will be spent climbing!

Packing List:

A full packing list will be sent to the participants prior to the camp.

Clothing:

- Comfortable, loose clothing
- Weatherproof shell jacket and pants. Shorts are acceptable depending on conditions
- Warm layer(s)
- Light gloves
- Hiking shoes or sturdy closed-toe shoes
- Rock Climbing Shoes
- Sunglasses
- Sunscreen (or any other UV protection)
- Water in a refillable water bottle
- Lunch (Please make sure your child has a full lunch to keep them energized throughout the day)
- Snacks (Please no items containing nuts)
- Small Backpack
- Hat
- Sunglasses
- Sunscreen and bug spray

Climbing Gear:

- Helmet
 - Belay device
 - Locking carabiner (minimum of 1, but more is great)
- (the above items can be provided if you don't own them)

Weather varies from warm, dry days to cooler, rainy days. Daily temperatures in the Sea to Sky Corridor in July and August range from 12-24 degrees Celsius (55-75 degrees Fahrenheit).

Bring a mix of summer clothing and warmer clothing as well as a small backpack to carry a water bottle and any extra layers in case the weather changes while we are out.